



# Canadian Health Promoting Universities & Colleges Network

## STATEMENT OF ADOPTION

for

### Okanagan Charter: An International Charter for Health Promoting Universities and Colleges

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#### A Transformative Vision

*Health and well-being promoting universities and colleges transform the health and sustainability of our current and future societies, strengthen communities and contribute to the well-being of people, places and the planet.*

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#### Statement of Adoption

University leaders recognize that promoting health and well-being is essential to achieving our full potential in teaching and learning, research, and engagement.

Evidence demonstrates that people who are well are more productive, are more able to engage in deeper learning, are more likely to be retained, and have a stronger sense of community.

By adopting the Okanagan Charter, we commit to sharing in the Vision, implementing the two Calls to Action for Higher Education institutions, and following the Guiding Principles as the means for translating the Charter into action.

We further agree to participate in National and International university networks to activate the Charter to inform and support each other's efforts.

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#### Okanagan Charter Signatory

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Signature from Chancellor, University President, Rector, or Provost

\_\_\_\_\_  
Name

\_\_\_\_\_  
Title

\_\_\_\_\_  
Institution

\_\_\_\_\_  
Date